

as quickly as possible, and one hand should be introduced into the vagina with the fingers flexed on the palm and lying uppermost; compress the uterus between this hand and the other one placed on the uterus abdominally. This compression mechanically closes the mouths of the blood-vessels, and should be kept up, if possible, for a considerable time. This treatment is usually sufficient to check a case of severe hæmorrhage; but, should it not be effectual, the uterus may be plugged with strips of gauze, but this is rarely undertaken by a nurse.

Having checked the hæmorrhage, the patient should be treated for shock.

The foot of the bed should be raised, and a warm blanket placed next to the patient. Hot bottles, well covered, should also be placed to the feet; if these are not obtainable, hot bricks or the oven plate may be used. The window should be opened.

A rectal injection of saline (1 drachm of salt to 1 pint of boiled water), temp. 100°, should then be given, and, if the patient shows any sign of syncope, 1 oz. brandy to every pint of saline may be given. The patient will usually retain 1 to 2 pints, and the arms and legs should be bandaged upwards towards the trunk; flannel bandages are the best to use.

Hot fomentations or poultices, such as mustard or linseed, may be placed over the cardiac region. As there is frequently a tendency to vomit, sips of hot water should be given by mouth at first; afterwards albumen water in small quantities. The binder should not be applied until a firm contraction of the uterus is assured, and the pulse rate is below 100. The saline injections and hot fomentations may be repeated if occasion arises.

Severe hæmorrhage may occur from a laceration of the cervix; if the uterus is small and well contracted, it may be assumed that the bleeding is coming from the cervix, in which case the vagina must be firmly plugged.

#### HONOURABLE MENTION.

The following competitors receive honourable mention: Miss Gladys Tatham, Miss Katherine Parry, Miss S. A. G. Lett, Miss H. K. E. Loman, Miss M. Macintyre, Miss F. O'Brien.

#### QUESTION FOR NEXT WEEK

Describe the preparation of a patient for receiving an anæsthetic. What precautions would you take before and after?

We regret to record the death of Mrs. Brooke, of Far Town, Pudsey, who acted as a nurse under Miss Nightingale in the Crimean War. The chief mourner at the funeral was a Crimean veteran of 83 nursed by Mrs. Brooke.

## APPOINTMENTS.

### MATRON.

**The Isolation Hospital, Reigate.**—Miss Amy Vokes has been appointed Matron. She was trained at St. George's Hospital, London, and has held the positions of Charge Nurse at the South Eastern Hospital, New Cross, Ward Sister at Woolwich Infirmary, Sister and Assistant Matron at Ilford Isolation Hospital, and Night Superintendent at Enfield Isolation Hospital.

### NURSE MATRON.

**Erith Cottage Hospital, Erith, Kent.**—Miss Mary Burton has been appointed Nurse-Matron. She was trained at the Metropolitan Hospital, Kingsland Road, N.E., where she has held the position of Surgical Sister, and has also done Assistant Matron's duties. She has also been Matron of the Lynton Cottage Hospital, Devon.

**Isolation Hospital, Hebburn.**—Miss Louisa Blain has been appointed Nurse-Matron. She was trained at the Middlesborough Infirmary, and has held the position of Assistant Nurse at the Macclesfield Poor Law Infirmary, and Assistant Matron under the Lanchester Joint Hospital Board.

**Cottage Hospital, Ripley, Derby.**—Miss Jennie Holford has been appointed Nurse-Matron. She was trained at the Sheffield Royal Hospital, and has since been sister at the Horton Infirmary, Banbury, and at the Accident Hospital, Mansfield, where she has done Matron's holiday duty. She holds the certificate of the Central Midwives Board.

### NIGHT SISTER.

**Nottingham Children's Hospital.**—Miss Selina Hutton has been appointed Night Sister. She was trained at Taunton and Somerset Hospital, and has been Staff Nurse at the Droitwich and Redditch Hospital, where she has taken Matron's holiday duty. She has also had experience in private nursing.

### QUEEN VICTORIA'S JUBILEE INSTITUTE. SUPERINTENDENT.

Miss Norah Terry is appointed to Grimsby as Superintendent. She was trained in general nursing at the Royal Infirmary, Leicester, in midwifery at St. Mary's, Fulham, and in district nursing at Haggerston, and has since held the following appointments: Queen's Nurse, Fleet, New Malden (temp.); Assistant Superintendent, Three Towns; Asst. County Superintendent, Lincolnshire (temp.); Asst. Superintendent, Tipton. Miss Terry holds the Diploma of the Apothecaries Hall and the certificate of the Central Midwives Board.

*Transfers and Appointments.*—Miss Edith Ashworth is appointed to Manchester (Ardwick Home); Miss Olave English, to Willington; Miss Frances Gillett, to Weston-super-Mare; Miss Hilda King, to Bridgwater; Miss Ada Morgan, to Old Hill; Miss Selina Morgan, to Widnes; Miss Amy Tabor, to Bridgwater.

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